

“SURVIVE THE TWISTER”

EVENT: ‘Survivor style challenge’
LOCATION: Oudekaal Beach, Cape Town.



The theme of the event is to interact with each other, get to know each other and have fun as a team. They will need to help each other out by interacting in fun and exciting adventure challenges in the designated location.

OVERVIEW

Each team has been stranded on an island as the result of a twister, but if they perform well as a team, they will survive and reach safety, where food and refreshments await them!

OUTLINE

After a thorough site inspection, we have come up with a comprehensive Team Challenge activity package that suits this specific location (all location pictures are of actual site): Upon arrival, the group will be given a full briefing and outline of the challenge, before being grouped into 8 teams defined by different colour t-shirts. Each team will be given a “survival pack” before they start their challenges which will tell them that they have been caught in a twister and stranded on a deserted island where “they will be given a variety of task’s to perform, within a set time frame, for which they can score points. The more points they score, the greater their reward’s at the end, if they survive!!” (In reality, all will get the same in terms of the food and refreshments provided, but prizes could be awarded for the top 3 teams?)



METHODOLOGY

In a pre-determined manner, teams will arrive at the 'start' of their fun challenges (Two groups to each activity) and receive their instruction by the use of an 'instruction card'. (These will be used for all subsequent activities; Instructors and safety officers will be on hand to keep time, ensure safety and record scores!)

A circular route will be laid out, and teams will be given a score card (with a cryptic clue as to the next activity!). They will need to make their way between activities in a timely fashion and arrive at the correct activity!

THE ACTIVITIES

If ship wrecked for real, the teams would need to deal with a variety of situations. On a deserted island, these would include;

1) SURVIVING THE TWISTER

"Get out of the twister!" – the team stand in a circle and must hold the hands of someone NOT next to them; they are then told to unravel themselves. (A great way for them to become familiar with each other).



2) HUNTING FOR FOOD

"Caveman re-visited?" – each member of the team must be able to fend for themselves and use bows and arrows to hit coloured balloons, which represent different foods. (A stringent safety officer will manage groups).



3) DEALING WITH THE WILDLIFE

“Don’t alert the giant spider!” – the team’s progress is blocked by a ‘giant spider’s web’ and they must pass through it without alerting the spider. This is a challenging event that requires the group to work as a team.



4) TRYING TO ESCAPE

“I’m a celebrity, get me out of here!” – each member of the team must paddle across a shallow cove in an inflatable raft (2 man Croc) in order to get to safety. (This is a fun and safe, easy paddling experience, with delegates remaining dry).



5) NIGHT-TIME NAVIGATION

“Oh no, it’s getting dark!” – one member of the team leads the others over an obstacle course, holding onto a rope, but the rest of the team are blindfolded. This requires clear and empathetic communication skills).



6) GROUP CARE

“**Help!**” – the team must carry an ‘injured’ team member to safety, after making a ‘stretcher’.
(Good team work and mental skills required)



7) SOCIALISATION

“**Volleyball Challenge**” – two courts will be set up, and as part of the survivor challenge. Teams will play each other on a knock out basis to determine the highest scoring teams. Referees will be on hand to instruct and manage the games



Safety:

Experienced professional facilitators oversee all activities with specialist training in the above activities, with minimum of level one first aid qualification. A Level Three Ambulance Assistant will be on site at all times with disaster management training.